



COLLEGE OF OBSTETRICIANS
& GYNAECOLOGISTS

GOING VIRTUAL

MyO&G 2022

New Beginnings

12th & 13th March 2022



MMC Grading System
16 CPD Points accredited

+

MYCPD 15 CPD Points (Nurses)

<https://myong.com.my/>

ANNOUNCEMENT

(Updated: 22nd February 2022)

WELCOME MESSAGE



I would like to congratulate and thank the Organising Committee in organising our scientific convention - “**MyO&G 2022: New Beginnings**” - on **12th & 13th March 2022** which will be held virtually. The theme is appropriately chosen to signify the re-beginning of the College of Obstetricians and Gynaecologists, Academy of Medicine of Malaysia (COGAMM) activities and the way the fraternity has to move forward following the pandemic!

The COGAMM, for the past year, has persevered and aligned ourselves to the goal of the Academy of Medicine of Malaysia to look at forums to stimulate and strengthen postgraduate and sub-specialization training. Several new developments in the educational front will have significant impact on the training of specialists in O&G for both the current Masters in O&G and also the parallel pathways. The COGAM is represented in the Conjoint Committee, Masters in O&G together with the Ministry of Health to provide input to curriculum development and assessment. The development of a new National Curriculum for postgraduate education in O&G had been rolled out. This curriculum has been designed and structured so as to fulfill the requirements of both pathways to attain the postgraduate degree after four years of learning and training.

The COGAMM will also strive to ensure the quality of O&G services be of utmost importance. In this area, it will collaborate and also conduct courses for professional development and enhancing the skills of practitioners. Various subcommittees in the COGAMM are working with trainers to develop new strategies that will help learning in this direction.

The COGAMM has been playing an important role to ensure practitioners maintain high ethical standards of care in their clinical practice. This is done through a rigorous process of evaluating the admissions to the National Specialist Register (Medical Council of Malaysia) together with the Ministry of Health.

I would like to end this message by urging all practitioners of O&G, especially all trainers and trainees in the Ministry of Health and the Universities, to join the College if they have yet to do so.

Professor Datuk Dr Siti Zawiah Omar
President
College of Obstetricians & Gynaecologists
Academy of Medicine of Malaysia

WELCOME MESSAGE



On behalf of the Organising Committee, it gives me great pleasure to welcome you to the College of Obstetricians and Gynaecologists Scientific Convention 2022 (MyO&G 2022) on 12th & 13th March 2022. The theme for this meeting is “**New Beginnings**” which signifies how the fraternity recovers and adapts in tandem with the COVID-19 pandemic.

The Organising Committee has carefully chosen new and exciting topics for this meeting. The programme will run for two full days, filled with academic talks that will cover both basic and focussed topics on Obstetrics and Gynaecology. We also have an excellent line-up of speakers, both local and overseas, who will be engaging you in discussions that will enrich your competency in your daily practice.

In the best interest and safety of everyone involved, we are delighted to announce that we are going to meet virtually for this edition where more focussed academic discussion can be done anywhere at your own comfort.

The Organising Committee will make every effort to make this conference a stimulating and educational experience for the participants and hope to provide a vibrant virtual platform to promote knowledge exchange, research innovations and networking. We hope that MyO&G 2022 will enhance your learning experience and we look forward to having you to join us.

See you at MyO&G 2022.

A handwritten signature in black ink, appearing to read 'Mukhri Hamdan'. The signature is fluid and cursive.

Associate Professor Dr Mukhri Hamdan
Chairperson, Organising Committee
MyO&G 2022

COLLEGE OF OBSTETRICIANS AND GYNAECOLOGISTS OFFICE BEARERS 2020 - 2021

President	Professor Datuk Dr Siti Zawiah Omar
Vice President	Professor Dato' Dr Sivalingam Nalliah
Honorary Secretary	Professor Dr Lim Pei Shan
Honorary Treasurer	Dr Ravichandran R Jeganathan
Honorary Assistant Secretary	Dr Eeson Sinthamoney
Council Members	Associate Professor Dr Mukhri Hamdan Associate Professor Dr Aizura Syafinaz Ahmad Adlan Associate Professor Dr Mohd Pazuddin Ismail Professor Dr Woo Yin Ling

ORGANISING COMMITTEE

Conference Advisor	Professor Datuk Dr Siti Zawiah Omar
Conference Chair	Associate Professor Dr Mukhri Hamdan
Scientific Committee	Dr Premitha Damodaran (<i>Chair</i>) Professor Dr Lim Pei Shan Dr Ravichandran R Jeganathan Dr Eeson Sinthamoney Dr Teo Ik Hui Associate Professor Dr Ng Beng Kwang Dr Rubandra Kumaar Dr Jesrine Hong Gek Shan
Secretariat	Molly Kong Yoon Moi Melvin Raj Anthony Nurul Adawiah

PROGRAMME SUMMARY

Date Time	12 th March 2022 (Saturday)	13 th March 2022 (Sunday)
0800 - 0900	Login	
0900 - 0930	WELCOME SPEECH	INTRODUCTION / RECAP
0930 - 1000	COGAMM: Future of Postgraduate Training in Malaysia	COGAMM Invited Lecture. Safety in Obstetrics
1000 - 1030	SYMPOSIUM 1	SYMPOSIUM 4
1030 - 1100		
1100 - 1130	Break	
1130 - 1200	SYMPOSIUM 2	SYMPOSIUM 5
1200 - 1230		
1230 - 1300	Lunch Symposium 1	Lunch Symposium 2
1300 - 1330		
1330 - 1400	Break	
1400 - 1430		COGAMM SPECIAL LECTURE
1430 - 1500	SYMPOSIUM 3	
1500 - 1530		SYMPOSIUM 6
1530 - 1600		
1600 - 1630	<small>1550 - 1650</small> High Tea Symposium	<small>1620 - 1640</small> Lucky Draw and Prize Giving / Closing Ceremony
1630 - 1700		

DAILY PROGRAMME

12th March 2022 (Saturday)

- 0800 - 0900 Login
- 0900 - 0910 Welcome Speech by Organising Chair, MyO&G 2022
Mukhri Hamdan
- 0910 - 0940 College of O&G: Future of Postgraduate Training in Malaysia
Siti Zawiah Omar
- 0940 - 1055 **SYMPOSIUM 1 | Reproductive Health**
Chairperson: *Abdul Kadir Abdul Karim*
- BMI & Fertility. Why Too Much is Not a Good Thing?
Mukhri Hamdan
- Freeze One or Freeze All
Prashant Nadkarni
- Am I Too Old to get Pregnant?
Eeson Sinthamoney
- Q&A
- 1055 - 1120 Break (*Please visit our Exhibition Hall and win attractive prizes*)
- 1120 - 1235 **SYMPOSIUM 2 | Gynae Oncology**
Chairperson: *Siti Zawiah Omar*
- Closing the Gap in Ovarian Cancer Treatment
Woo Yin Ling
- Imaging in Gynae Cancers
Anushya A/P Vijayanathan
- HPV Vaccine; Boys and Girls
Julia Brotherton
- Q&A
- 1240 - 1340 **Lunch Symposium (Bayer)**
Chairperson: *Soon Ruey*
- Menstrual Health - Practical Considerations
Premitha Damodaran / Mukhri Hamdan

DAILY PROGRAMME
12th March 2022 (Saturday)

1340 - 1430 Break (*Please visit our Exhibition Hall and win attractive prizes*)

1430 - 1545 **SYMPOSIUM 3 | *Obstetrics***

Chairperson: Hamizah Ismail

Induction of Labour

Tan Peng Chiong

Pregnancy and IV Iron. Facts and Fallacies

Dheeraj Khatani

Malaysian Magic

Tan Bee Kang

Q&A

1550 - 1650 **High Tea Symposium (*Orion*)**

Chairperson: Ho Choon Moy

Transdermal Estrogens in Postmenopausal Hormone Replacement

Tomi Mikkola

DAILY PROGRAMME

13th March 2022 (Sunday)

- 0800 - 0900 Login
- 0900 - 0910 Introduction / Recap by Scientific Chair, MyO&G 2022
Premitha Damodaran
- 0910 - 0940 COGAMM Invited Lecture. Safety in Obstetrics
Tan Lay Kok
- 0940 - 1055 **SYMPOSIUM 4 | Urogynaecology**
Chairperson: Khong Su Yen
- Say Goodbye to Incontinence with Botox
Warren Lo Hwa Loon
- Can I Prevent a Pelvic Prolapse?
S Sivakumar
- Recurrent UTI. No Antibiotics Please!
Lim Pei Shan
- Q&A
- 1055 - 1120 Break (*Please visit our Exhibition Hall and win attractive prizes*)
- 1120 - 1235 **SYMPOSIUM 5 | Menopause Health**
Chairperson: Ng Beng Kwang
- Vaginal Dryness. Is it always Menopause?
Ummul Wahiy Abdul Hakim
- Demystifying Osteoporosis in Postmenopausal Women with High-Risk Fractures
Lee Joon-Kiong
- Positioning Tibolone and Alendronate + Vitamin D in a Post-Menopausal Woman
Premitha Damodaran
- Q&A

DAILY PROGRAMME

13th March 2022 (Sunday)

- 1240 - 1340 **Lunch Symposium (Abbott)**
Chairperson: Premitha Damodaran
Dydogesterone: From Menarche to Menopause
Ho Choon Moy
- 1340 - 1415 Break (*Please visit our Exhibition Hall and win attractive prizes*)
- 1415 - 1500 **COGAMM SPECIAL LECTURE**
Chairperson: Alex Mathews
"A World without Obstetricians"
Harikannan Ragavan
- 1500 - 1620 **SYMPOSIUM 6 | General Obstetrics and Gynaecology**
Chairperson: Mohd Pazuddin Ismail
Optimising Women's Health with IV Iron
Raman Subramaniam
- PCOS in Adolescence
Nur Azurah Abdul Ghani
- Malaysian Covid Data. Pregnancy and Puerperium - Lessons Learnt
Muniswaran Ganesham
- Q&A
- 1620 - 1640 Lucky Draw and Prize Giving / Closing Ceremony

CONGRESS INFORMATION

CONGRESS SECRETARIAT

MyO&G 2022 (Virtual)

Unit 1.6, Level 1, Enterprise 3B, Technology Park Malaysia
 Jalan Inovasi 1, Bukit Jalil, 57000 Kuala Lumpur, Wilayah Persekutuan
 Tel: +603 8996 0700, 8996 1700, 8996 2700 Fax: +603 8996 4700
 Email: cogamm@acadmed.my Website: <https://myong.com.my/>

REGISTRATION FEES

Category	Till 7 th March 2022	On-site
COGAMM Member	RM 100	RM 150
Non-COGAMM Member	RM 200	RM 250
Trainee / Allied Health Professional / General Practitioner	RM 100	RM 150
Overseas Delegate	USD 100	USD 150

For online registration and payment, please log on to <https://myong.com.my/registration.html>

PAYMENT

Payment by cheque is to be issued in favour of “**College of Obstetricians & Gynaecologists AMM**”.

Payment can be made via telegraphic transfer to the following account:

Name of Account : College of Obstetricians and Gynaecologists AMM

Account No. : 8731 5622 4370

Name of Bank : Standard Chartered Bank

Swift Code : SCBLMYKXXXX

Please return the bank remittance note either by fax or email. Document image is also applicable.

CANCELLATION AND REFUND POLICY

The Conference Secretariat must be notified in writing of all cancellations. Refund will be made after the Conference. The refund policy is as follows:

Cancellation on or before 7th March 2022 : 50% refund

Cancellation after 7th March 2022 : Nil

CERTIFICATE OF ATTENDANCE

An e-certificate of attendance will be issued to all delegates.

DISCLAIMER

Whilst every attempt would be made to ensure that all aspects of the Conference as mentioned in this announcement will take place as scheduled, the Organising Committee reserves the right to make last minute changes should the need arise.

INCENTIVES FOR DELEGATES

Attractive prizes await the delegates when they visit the virtual exhibition booths and listen to the lectures. Prizes which have been lined up include the following:

First Prize



MacBook Air

Second Prize



Apple Watch SE GPS 40mm

Third Prize



iPad Air 10.9" WiFi 64GB